

Annual Report 2022



Table of contents

Introduction	2
Our team	4
Activity highlights	5
Our diverse interventions	8
Financials	9
Conclusion	14

Introduction

The Amal Center for Women is a non-profit organization founded in 2002 by members of the Muslim community in Montreal.

Since then, we've provided support and assistance in a culturally competent manner to women affected by domestic abuse in hopes of fostering their well-being and development.

We support some of Montreal's most vulnerable women and offer services designed to respond to their needs. These services are delivered both by our dynamic, specialized intervention team consisting of our social workers and caseworkers, as well as our dedicated volunteers.

Amal at a glance



Mission

We provide culturally sensitive psychosocial support to Muslim, immigrant, and marginalized women of diverse communities and their families.



Vision

We will be a well-resourced centre of Muslim women recognized as pioneers, professionals, and leaders positively transforming our communities.



Values

- Openness
- Mutual care
- Dignity
- Growth

Our team

Board of directors

Humera Khan
President

Tasha Anglin
Treasurer

Nafija Rahman
Community outreach

Aseema Kabir
Communications specialist

Aicha El Hediri
Triage director

Sonia Ben Soltane
Secretary

Rukhsana Bhimani
Operations officer

Staff

Christine Menendez
Center coordinator

Najet Hamrouni
Caseworker

Francesca Valenti
Project coordinator

Houda Jeribi
Client services agent

Noor Jehan Ghauri
Client services agent

Ghada Mohamed
Caseworker

Chelsea Rojas
Intern

Activity highlights

Sharing Amal



The Amal Center offered 3 parenting modules designed for mothers, by mothers, titled *Sharing Amal*. Through interactive learning in intimate group settings, participants had the chance to have honest conversations about kids, cultures, and communities.

The 3 modules:

Parenting Skills for Raising Responsible & Happy Kids

The S-word: When and How to Talk to Your Kids about Sex

Healing the Feeling

Café chez Amal: Demystifying the DYP



Our caseworker, Ghada Mohamed, held several small, intimate sessions with groups of mothers who wanted to learn more about Montreal's youth protection services. She also answered other questions they may have about parental authority, rights, and DYP intervention.

Activity highlights

Community outreach



At the Comité des Organismes Sociaux de Saint-Laurent (COSSL), two members spoke about the Amal’s services and activities to fellow Ville Saint-Laurent organizations.

Having maintained a good relationship with the COSSL team over the years, they’ve often helped us promote our activities and events!

International Day for Violence Against Women event



We had our own booth at COSSL’s event for the International Day for Violence Against Women, and they helped promote updated language capsules launched last year.

These videos provide explanations on types of domestic violence and are available in several languages including French, English, Arabic, Spanish, Bangla, Punjabi, and Urdu.

Fundraisers



We also raised funds and mixed and mingled with our community at an annual Ramadan Exhibition and clothes swap!

Other activities

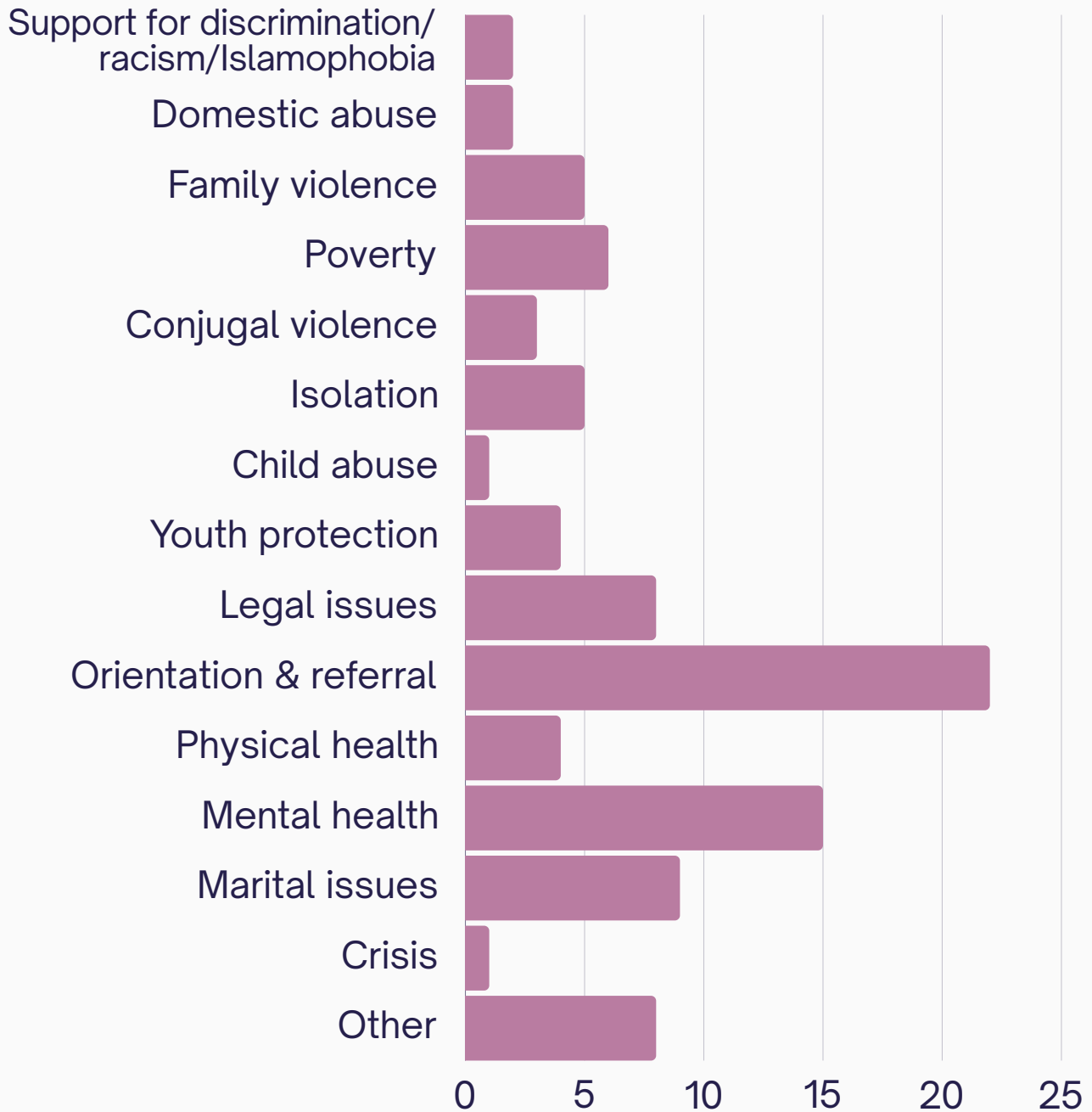
Through ongoing community outreach, we improved organizational learning, promoted civic engagement, and strengthened ties to our communities. Amal's outreach programs helped us create partnerships among community leaders, Muslim institutions, and educational institutions throughout Montreal.

- With help from the city of Saint-Laurent, we gave away LaRonde tickets, gift cards and toys to our clients and their families.
- We coordinated with Amal Ambassadors to deliver Ramadan food baskets.
- We held our workshops to raise awareness and provide guidance on violence against women at Concordia University.
- We presented info sessions to reintroduce Amal's mission and vision to the Concordia community and at COSSL events.
- In collaboration with ICQ Imams, we facilitated an info session to BATCHA about Islamic stands on violence.
- Accepted Concordia student interns to promote their leadership skills and assist in supporting Amal's client services and community outreach through spring.

We also participated in several workshops and meetings to gain knowledge and improve our services and support for our community members:

- **RIOCM:** Taking care of the volunteer
- **EDUCALOI:** Separation with a focus on immigration impact
- **SHIFT Concordia:** Drama therapy workshops
- **RACINES:** Information concerning DPJ
- **CENTRE DES FEMMES/POSTE 7 POLICE:** Personal safety/fraud protection
- **ALPABEM:** The right to be unhappy
- **WOMEN AWARE:** Annual General Meeting
- **D3PIERRES:** Meeting at center
- **THE REFUGEE CENTER:** Meeting with Lauren at center
- **ABQSJ:** Benevoles qualifier *Observer & écouter*
- **THE LEARNING NETWORK:** Promoting healthy masculinity
- **CENTRE DES FEMMES:** La violence nous concerne
- **CENTRAIDE:** DataAide
- **YWCA:** Gender based violence
- **AMIEPH:** Help for immigrants/refugees
- **SERVICES CANADA:** Workshops (Services 55+)
- **VILLE EXTRAORDINAIRE:** Interview for Musee de Montreal

Our diverse interventions



Financials

Donations summary

Amal has depended on two main sources of income to sustain its operations over the years:

- Government funding (grants) and
- Private donations (individuals and Businesses).

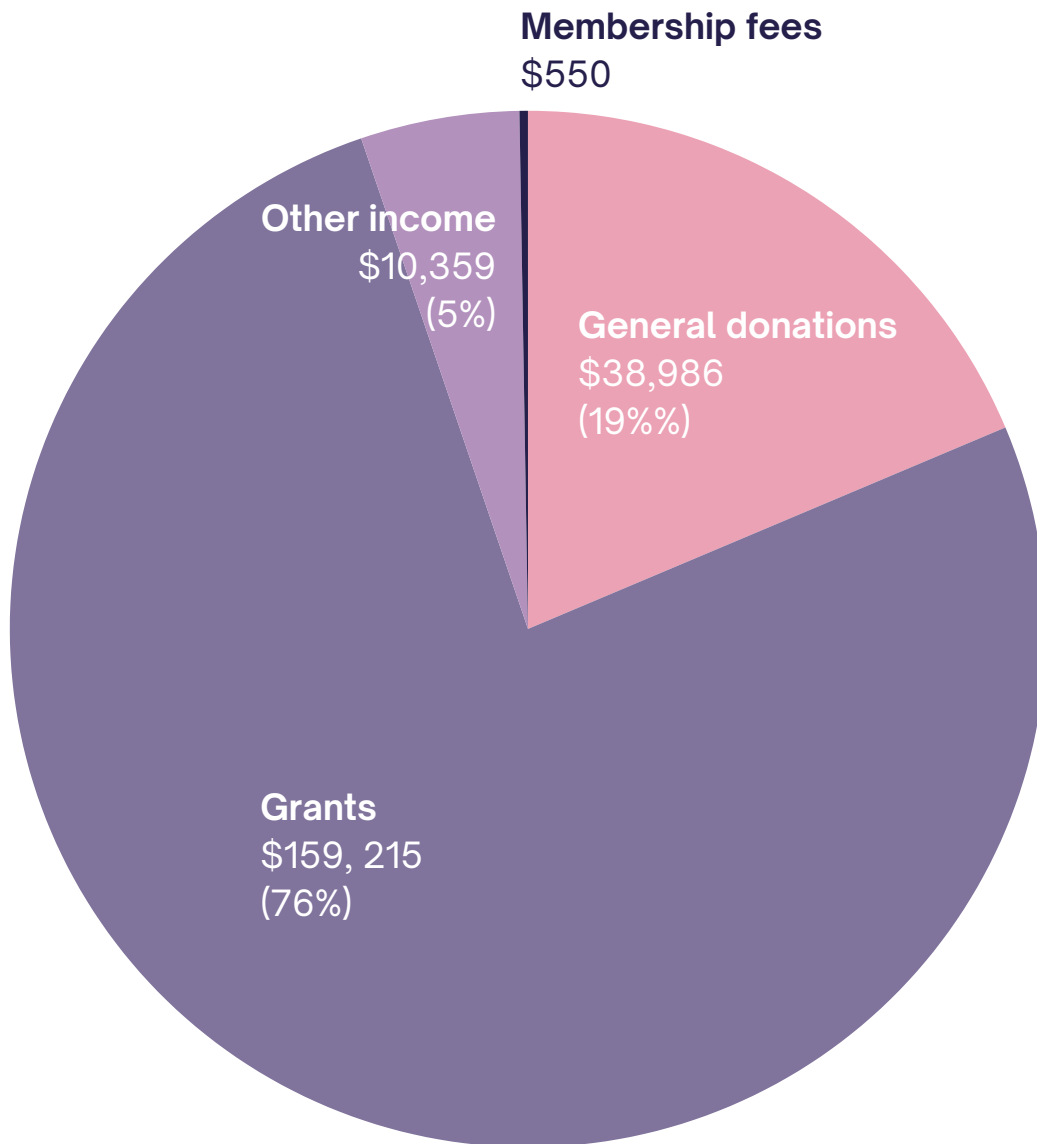
In 2022, Amal depended on **grants** and **private donations** to sustain its operations and continue to provide our much-needed services. We were also able to secure key grants that assisted us with two of our core expenses, operations and rent.

Income highlights

- CSU Concordia
- Centraide
- OBNL (City of Montreal)
- Canada Summer Jobs (federal government)
- Islamic Relief Canada
- LaunchGood Campaign
- PRIIME Grant

Financials

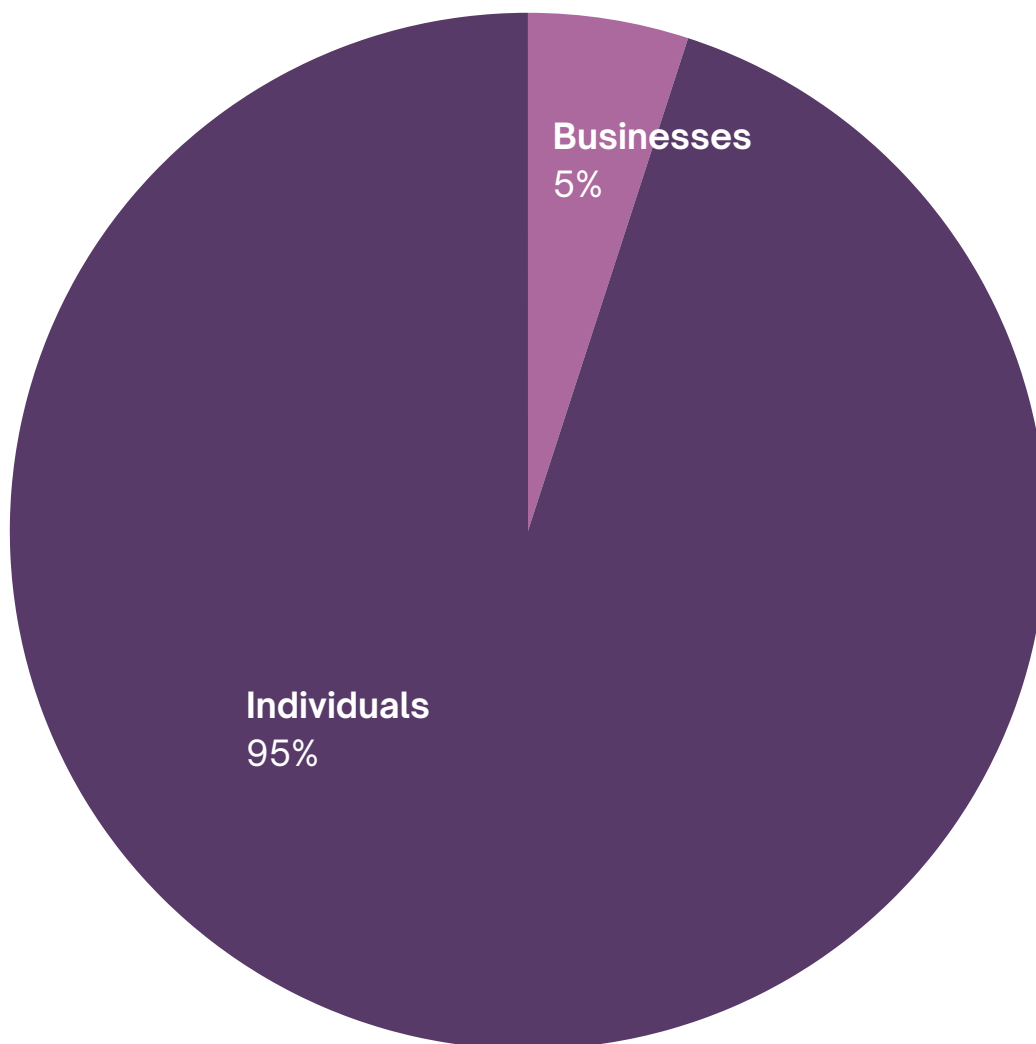
Total income for 2022: \$209,110



Financials

Donation portfolio overview

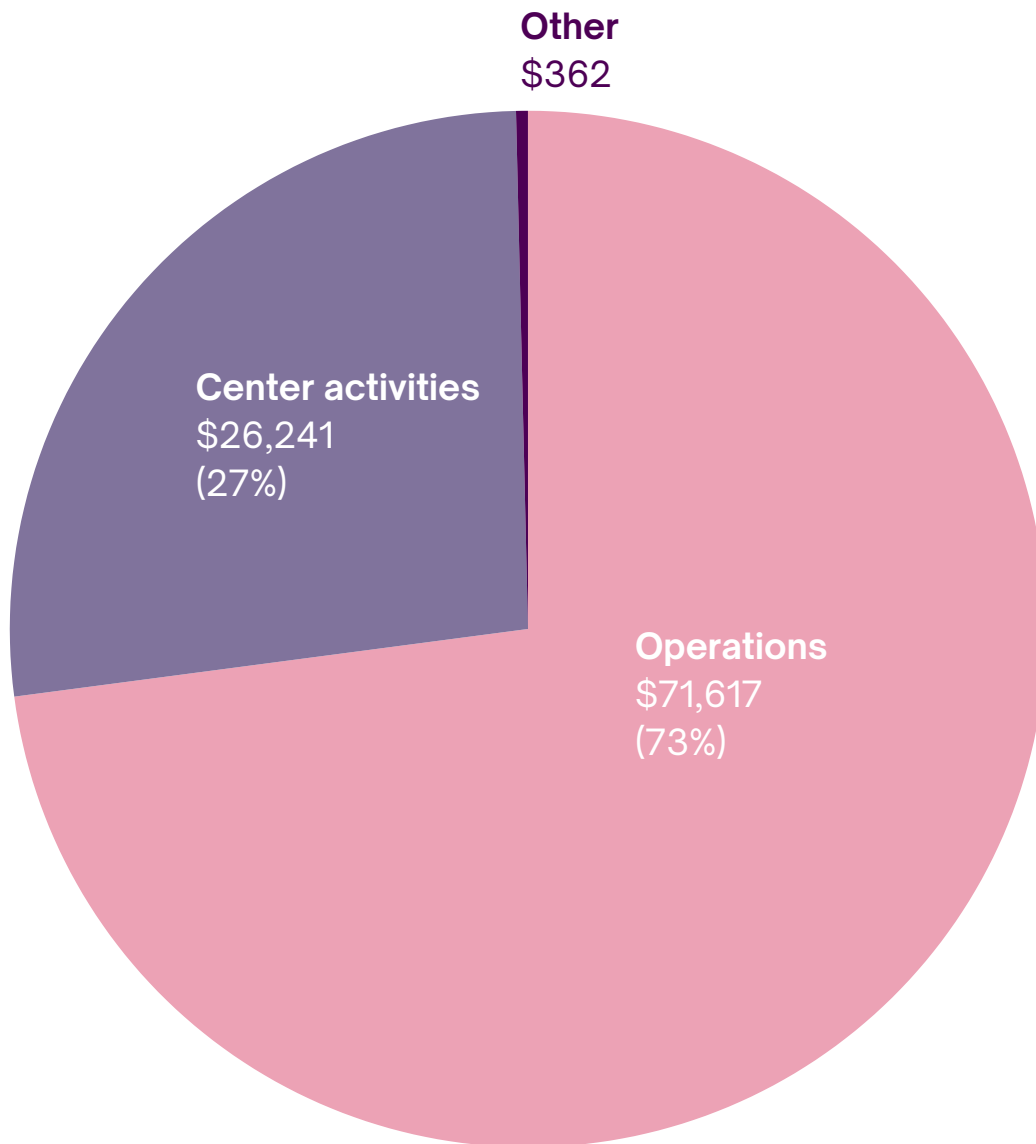
Business contributions increased from 1% to 5% while individual contributions remain approximately the same ~95% last year.



Financials

Total income for 2022: \$98,220

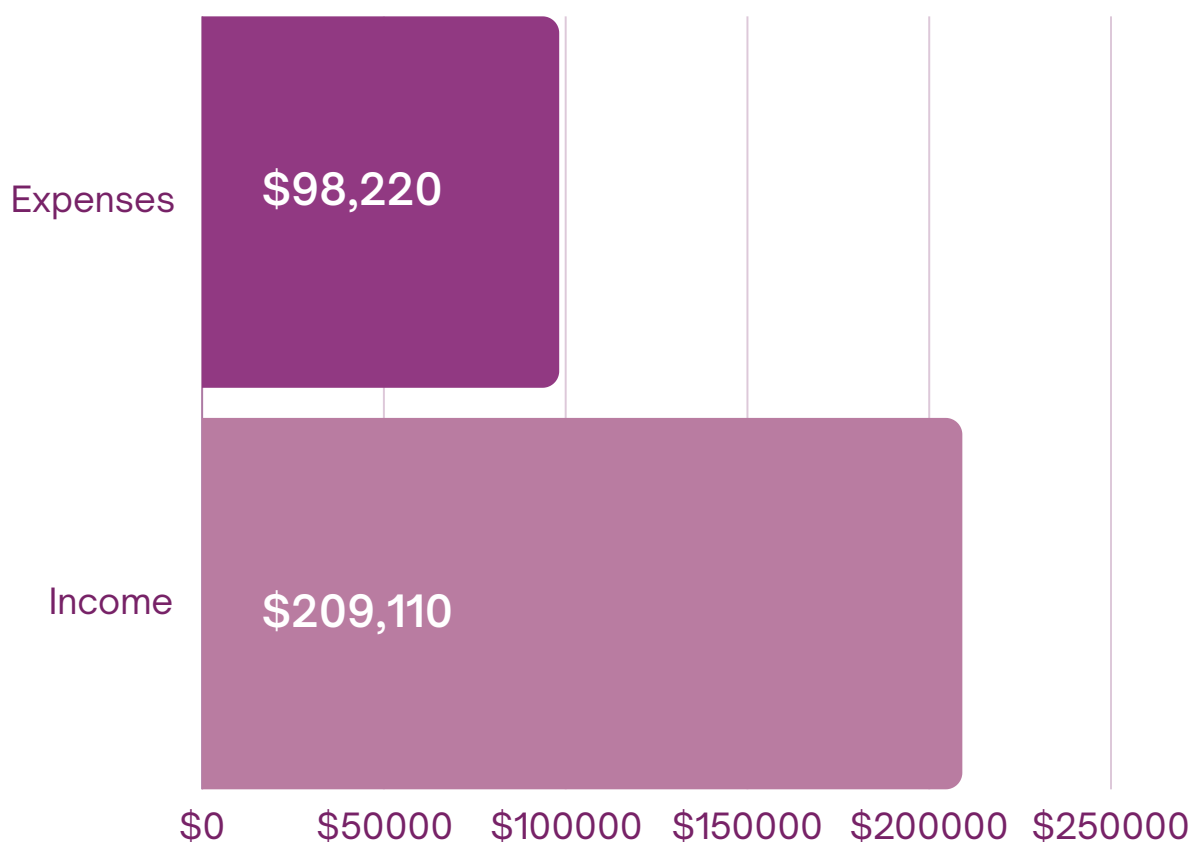
We saw an increase of \$13,606 from last year's expenses.



Financials

Overview of income & expenditures

Excess of \$110,868; increase of \$70,022 from last year



Conclusion

We are deeply indebted to the commitment of our volunteers who have worked tirelessly behind the scenes to help keep the Amal Center running! And to our extended communities, we would like to say thank you for your continued support.

We invite you all to join us in supporting our center by:

1

Donating today

Every dollar goes towards providing services to our marginalized clientele and contributes to the center's sustainability.

2

Becoming an Amal champion

Inspired by our impact? Share our news of our services and work by word of mouth and in your social networks!

3

Action or commitment

Bring positive change by giving your time! Contribute your expertise, skills and passion by joining our team or fundraising for us.

Thank you!



Contact us

Amal Center for Women
#204-903 boul. Décarie
Ville St-Laurent, QC, H4L 3M3

(514) 855-0330 #1 

www.amalwomencenter.ca 

info@amalwomencenter.ca 

@amalwomencenter 

@amalwomencenter 