

# Rapport Annuel 2022



# Table des matières

Introduction .....	2
Notre équipe .....	4
Points forts de l'activité .....	5
Nos diverses interventions .....	8
Finances .....	9
Conclusion .....	14

# Introduction

Le Centre Amal pour les femmes est une organisation à but non lucratif fondée en 2002 par des membres de la communauté musulmane à Montréal. Depuis, nous avons fourni soutien et assistance de manière culturellement compétente aux femmes affectées par les abus domestiques. Tous cela dans l'espoir de favoriser leur bien-être et leur développement.

Nous soutenons certaines des femmes les plus vulnérables de Montréal et offrons des services conçus pour répondre à leurs besoins. Ces services sont dispensés à la fois par notre équipe d'intervention qui est dynamique et spécialisée, composée de nos travailleurs sociaux et gestionnaires de cas, ainsi que nos bénévoles dévoués.

# Amal at a glance



## Mission

Nous fournissons un soutien psychosocial culturellement sensible aux femmes musulmanes, immigrantes et marginalisées de diverses communautés ainsi que leur familles.



## Vision

Nous aspirons être un centre enrichi de ressources pour les femmes musulmanes reconnues comme des pionnières, des professionnelles et des leaders, transformant positivement nos communautés.



## Values

- Ouverture
- Soin mutuel
- Dignité
- Croissance

# Our team

## Board of directors

**Humera Khan**  
President

**Tasha Anglin**  
Treasurer

**Nafija Rahman**  
Community outreach

**Aseema Kabir**  
Communications specialist

**Aicha El Hediri**  
Triage director

**Sonia Ben Soltane**  
Secretary

**Rukhsana Bhimani**  
Operations officer

## Staff

**Christine Menendez**  
Center coordinator

**Najet Hamrouni**  
Caseworker

**Francesca Valenti**  
Project coordinator

**Houda Jeribi**  
Client services agent

**Noor Jehan Ghauri**  
Client services agent

**Ghada Mohamed**  
Caseworker

**Chelsea Rojas**  
Intern

# Activity highlights

## Sharing Amal



The Amal Center offered 3 parenting modules designed for mothers, by mothers, titled *Sharing Amal*. Through interactive learning in intimate group settings, participants had the chance to have honest conversations about kids, cultures, and communities.

The 3 modules:

**Parenting Skills for Raising Responsible & Happy Kids**

**The S-word: When and How to Talk to Your Kids about Sex**

**Healing the Feeling**

## Café chez Amal: Demystifying the DYP



Our caseworker, Ghada Mohamed, held several small, intimate sessions with groups of mothers who wanted to learn more about Montreal's youth protection services. She also answered other questions they may have about parental authority, rights, and DYP intervention.

# Activity highlights

## Community outreach



At the Comité des Organismes Sociaux de Saint-Laurent (COSSL), two members spoke about the Amal’s services and activities to fellow Ville Saint-Laurent organizations.

Having maintained a good relationship with the COSSL team over the years, they’ve often helped us promote our activities and events!

## International Day for Violence Against Women event



We had our own booth at COSSL’s event for the International Day for Violence Against Women, and they helped promote updated language capsules launched last year.

These videos provide explanations on types of domestic violence and are available in several languages including French, English, Arabic, Spanish, Bangla, Punjabi, and Urdu.

## Fundraisers



We also raised funds and mixed and mingled with our community at an annual Ramadan Exhibition and clothes swap!

## Other activities

Through ongoing community outreach, we improved organizational learning, promoted civic engagement, and strengthened ties to our communities. Amal's outreach programs helped us create partnerships among community leaders, Muslim institutions, and educational institutions throughout Montreal.

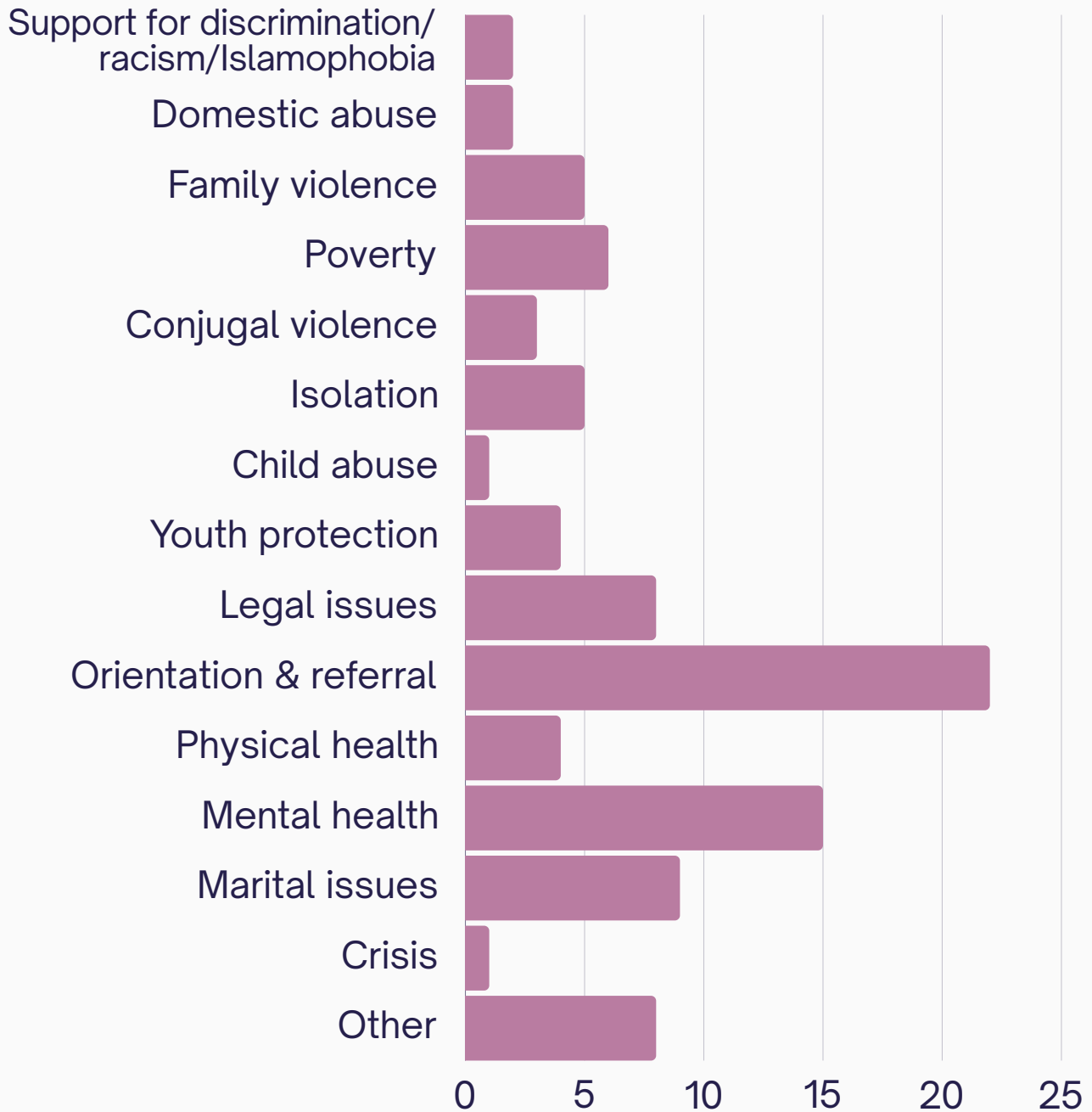
- With help from the city of Saint-Laurent, we gave away LaRonde tickets, gift cards and toys to our clients and their families.
- We coordinated with Amal Ambassadors to deliver Ramadan food baskets.
- We held our workshops to raise awareness and provide guidance on violence against women at Concordia University.
- We presented info sessions to reintroduce Amal's mission and vision to the Concordia community and at COSSL events.
- In collaboration with ICQ Imams, we facilitated an info session to BATCHA about Islamic stands on violence.
- Accepted Concordia student interns to promote their leadership skills and assist in supporting Amal's client services and community outreach through spring.

We also participated in several workshops and meetings to gain knowledge and improve our services and support for our community members:

- **RIOCM:** Taking care of the volunteer
- **EDUCALOI:** Separation with a focus on immigration impact
- **SHIFT Concordia:** Drama therapy workshops
- **RACINES:** Information concerning DPJ
- **CENTRE DES FEMMES/POSTE 7 POLICE:** Personal safety/fraud protection
- **ALPABEM:** The right to be unhappy
- **WOMEN AWARE:** Annual General Meeting
- **D3PIERRES:** Meeting at center
- **THE REFUGEE CENTER:** Meeting with Lauren at center
- **ABQSJ:** Benevoles qualifier *Observer & écouter*
- **THE LEARNING NETWORK:** Promoting healthy masculinity
- **CENTRE DES FEMMES:** La violence nous concerne
- **CENTRAIDE:** DataAide
- **YWCA:** Gender based violence
- **AMIEPH:** Help for immigrants/refugees
- **SERVICES CANADA:** Workshops (Services 55+)
- **VILLE EXTRAORDINAIRE:** Interview for Musee de Montreal



# Our diverse interventions



# Financials

## Donations summary

Amal has depended on two main sources of income to sustain its operations over the years:

- Government funding (grants) and
- Private donations (individuals and Businesses).

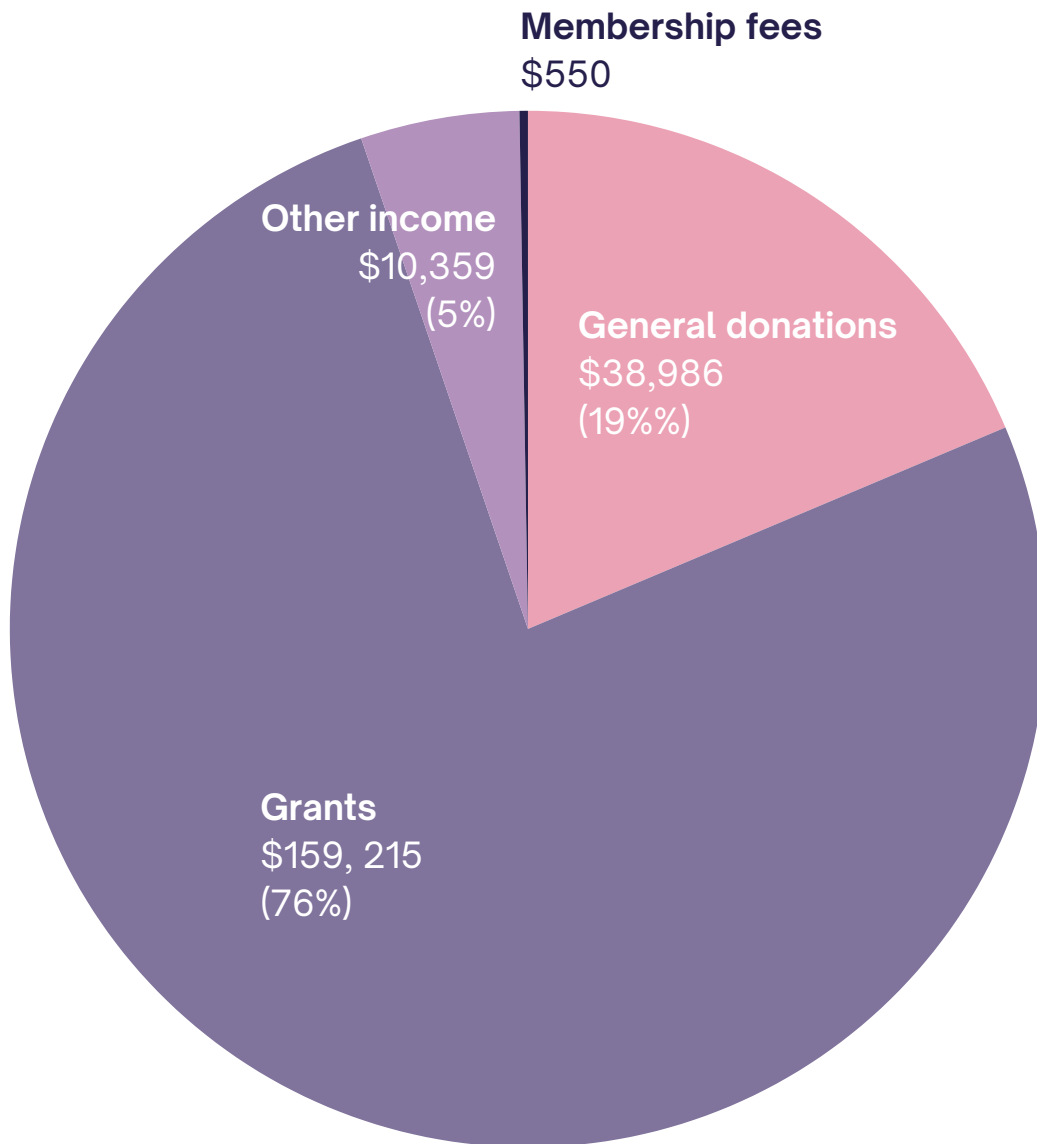
In 2022, Amal depended on **grants** and **private donations** to sustain its operations and continue to provide our much-needed services. We were also able to secure key grants that assisted us with two of our core expenses, operations and rent.

## Income highlights

- CSU Concordia
- Centraide
- OBNL (City of Montreal)
- Canada Summer Jobs (federal government)
- Islamic Relief Canada
- LaunchGood Campaign
- PRIIME Grant

# Financials

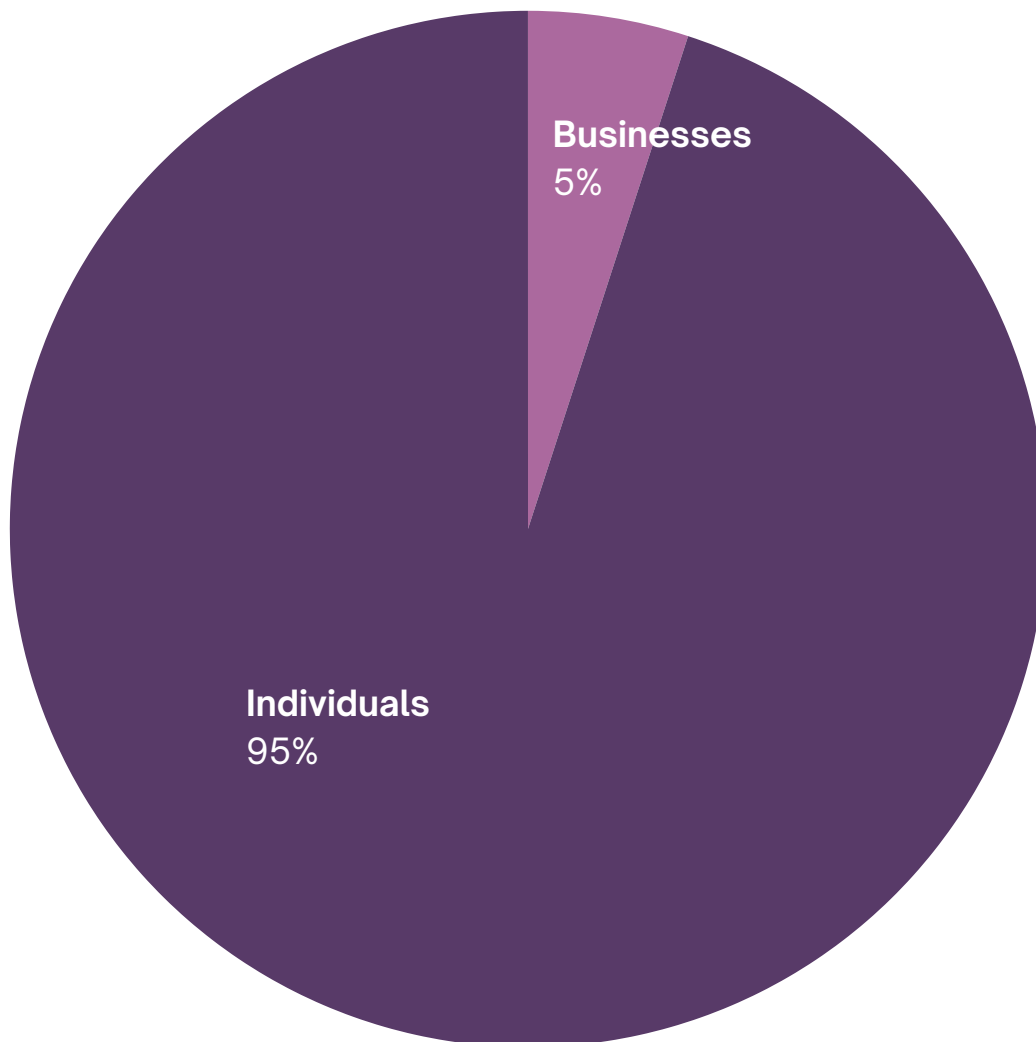
Total income for 2022: \$209,110



# Financials

## Donation portfolio overview

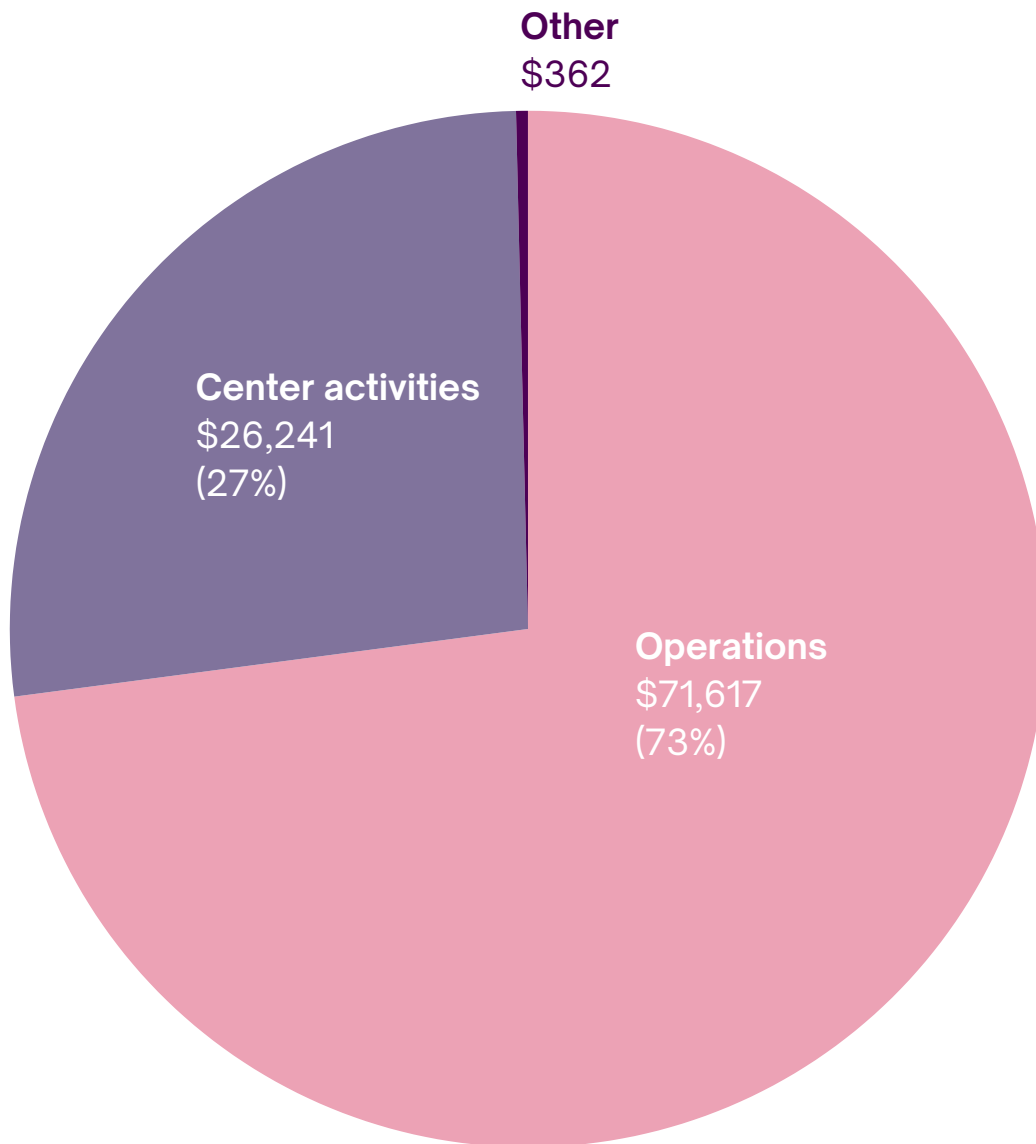
Business contributions increased from 1% to 5% while individual contributions remain approximately the same ~95% last year.



# Financials

**Total income for 2022: \$98,220**

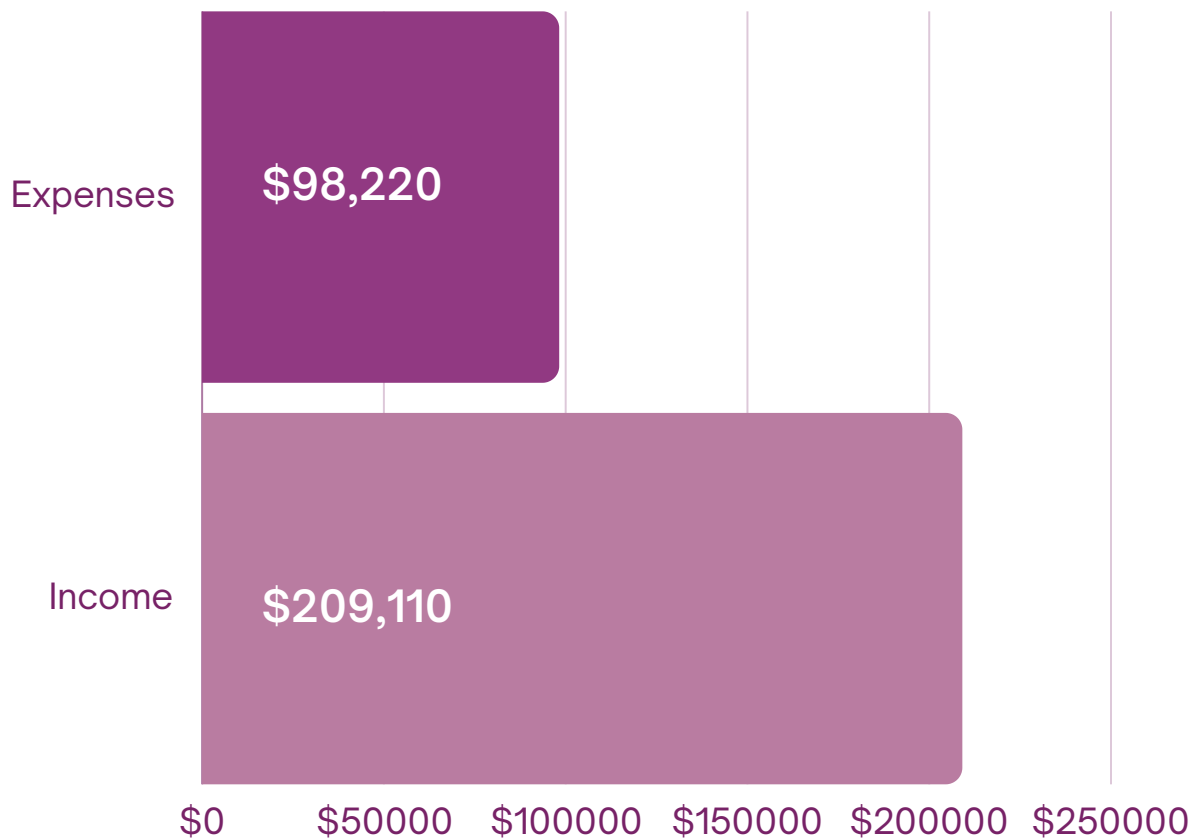
We saw an increase of \$13,606 from last year's expenses.



# Financials

## Overview of income & expenditures

Excess of \$110,868; increase of \$70,022 from last year



# Conclusion

We are deeply indebted to the commitment of our volunteers who have worked tirelessly behind the scenes to help keep the Amal Center running! And to our extended communities, we would like to say thank you for your continued support.

We invite you all to join us in supporting our center by:

1

## Donating today

Every dollar goes towards providing services to our marginalized clientele and contributes to the center's sustainability.

2

## Becoming an Amal champion

Inspired by our impact? Share our news of our services and work by word of mouth and in your social networks!

3

## Action or commitment

Bring positive change by giving your time! Contribute your expertise, skills and passion by joining our team or fundraising for us.

# Thank you!



## Contact us

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